



Isle of Wight Ultra Challenge 3-4 May 2025

CHALLENGE

FACTSHEET



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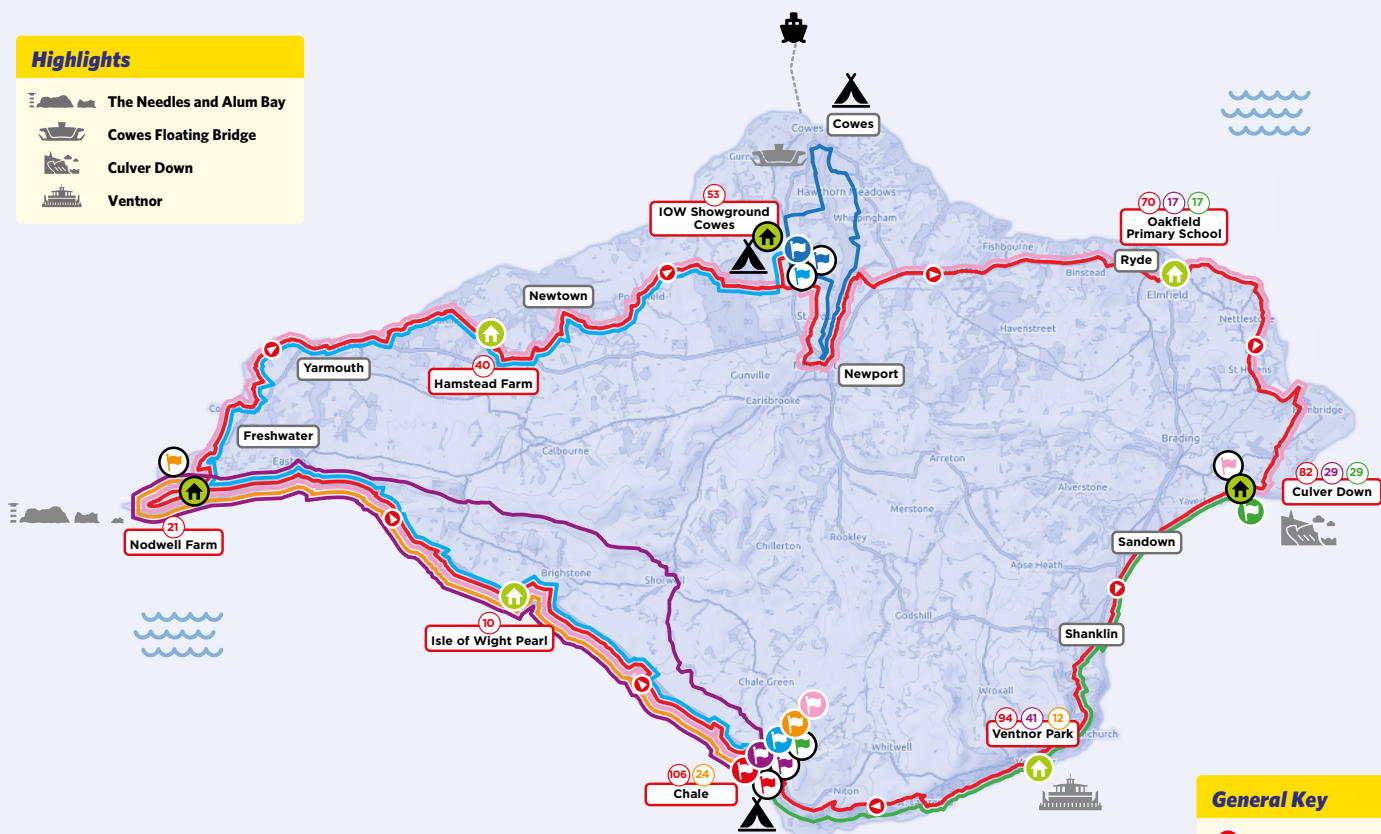
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Isle of Wight Ultra Challenge 3-4 May 2025

Great challenges need great settings – and few are better than the Island’s stunning coastal path. Up to 2,000 adventurers will take on the Isle of Wight in May 2024 – all out to push themselves further. It’s along the spectacular southern cliffs, past the iconic Needles, and up to historic Cowes at the half way stop. For Full Island challengers it’s on to historic Ventnor, and back to our welcome base camp in Chale after an epic 106km journey. You’ll get full support & hospitality all the way, and with Three Quarter, Half, & Quarter Island Challenges + new ‘Cross Island’ & 10 mile ‘Medina Estuary’ options also available – there’s an Isle of Wight Challenge for everyone!

Highlights

- The Needles and Alum Bay
- Cowes Floating Bridge
- Culver Down
- Ventnor



Stats

- Full Challenge: **106km/1800 climb**
- 3/4 Challenge: **82km/1300m climb**
- 1st Half Challenge: **52km/900m climb**
- 2nd Half Challenge: **54km/900m climb**
- 1st Quarter Challenge: **25km/ 500m climb**
- 4th Quarter Challenge: **25km/ 500m climb**
- Cross Island Challenge: **30km/470m climb**
- Medina Challenge: **10 mile/quite flat**

Challenge Key

- Full 106km Challenge
- 3/4 Challenge
- 1st Half Challenge
- Southern 50km Loop
- 1st Quarter Challenge
- 4th Quarter Challenge
- Medina Challenge

General Key

- Challenge Start
- Challenge Finish
- Major Rest Stop
- Minor Rest Stop
- KM Markers
- Route Direction
- Campsite
- Ferry to/from Southampton

“The island is spectacular, the camaraderie between participants like no other event I’ve ever done!”

“A brilliantly organised event - I would highly recommend this to anyone. BUT be prepared it is tougher than you think!”

Distance options

106 km & 1,800+ metres of climb (clockwise route), the Full Challenge is a tough one! There's a Full 2 Day 'Daylight' option, Three Quarter, Half, Quarter & 10 mile Challenges too. And the NEW Southern 50km route, taking in the Needles and the coast before coming inland to follow the Worsley Trail back to Chale. In 2025 there's definitely an Isle of Wight Challenge waiting for you!

Full Continuous 106 KM Chale to Chale **Challenge**

Saturday 3 - Sunday 4 May | 7:00-9:30am Start

DISTANCE:

106 km - 1800 m Elevation

DETAILS:

- ✓ Start & Finish: Chale Recreation Ground, Chale
- ✓ Start times: 7am for runners, 7am - 9.30 for joggers & walkers
- ▶ Snacks & drinks - every 10-15 km
- ▶ 25 km - picnic lunch & fizzy drinks
- ▶ 52 km - hot meal
- ▶ 82 km - brunch/ lunch
- ▶ 106 km - cooked breakfast/Hot meal
- ▶ Finish - glass of fizz, medal & t-shirt

Full 2 Day Daylight 106 KM Chale - Cowes - Chale **Challenge**

Saturday 3 - Sunday 4 May | 7:00-9:30am Start

DISTANCE:

Day 1 - 52 km - 900 m Elevation

Day 2 - 54 km - 900 m Elevation

DETAILS:

- ✓ Day 1: Chale Recreation Ground, Chale > Isle of Wight Showground, Cowes
- ✓ Day 2: Isle of Wight Showground, Cowes > Chale Recreation Ground, Chale
- ✓ Overnight: camp with us option (see Bookable Extras) or local B&B / hotel
- ▶ Snacks & drinks - every 10-15 km
- ▶ 25 km - picnic lunch & fizzy drinks
- ▶ 52 km - hot meal
- ▶ 82 km - brunch/ lunch
- ▶ 106 km - cooked breakfast/Hot meal
- ▶ Finish - glass of fizz, medal & t-shirt

Three Quarter Challenge 82 KM Chale to Culver Down **Challenge**

Saturday 3 - Sunday 4 May | 7:00-9:30am Start

DISTANCE:

82 km - 1300 m Elevation

DETAILS:

- ✓ Start: Chale Recreation Ground, Chale
- ✓ Start times: 7am for runners, 7am - 9.30 for joggers & walkers
- ✓ One or 2 day options available
- ✓ Finish: Culver Down
- ▶ Snacks & drinks - every 10-15 km
- ▶ 25 km - picnic lunch & fizzy drinks
- ▶ 52 km - hot meal
- ▶ 82 km - brunch/ lunch
- ▶ Finish - glass of fizz, medal & t-shirt

1st Half Challenge 52 KM Chale to Cowes **Challenge**

Saturday 3 May | 7:00-9:30am Start

DISTANCE:

52 km - 900 m Elevation

DETAILS:

- ✓ Start: Chale Recreation Ground, Chale
- ✓ Start times: 7am for runners, 7am - 9.30 for joggers & walkers
- ✓ Finish: Cowes (52 km)
- ▶ Snacks & drinks - every 10-15 km
- ▶ 25 km - picnic lunch & fizzy drinks
- ▶ 52 km - hot meal
- ▶ Finish - glass of fizz, medal & t-shirt

Distance options - continued

Southern 50 KM Loop Chale to Chale Challenge

NEW

Saturday 3 May
12:00pm Start

DISTANCE:

50 km - 1025 metres

DETAILS:

- ✓ Start: Chale Recreation Ground
- ✓ Start times: Saturday 3 May, 12pm
- ✓ Finish: Chale Recreation Ground
- ▶ Snacks & drinks - every 10-15 km
- ▶ 25 km - picnic lunch
- ▶ 50 km - hot meal
- ▶ Finish - glass of fizz, medal & t-shirt

1st Quarter Challenge 25 KM Chale to The Needles Challenge

Saturday 3 May
9:30-10:00am Start

DISTANCE:

25 km & ~500 metres

DETAILS:

- ✓ Start: Chale Recreation Ground
- ✓ Start times: Saturday 3 May, 9.30am - 10am
- ✓ Finish: Nodewell Farm, The Needles
- ▶ 10km - snacks & drinks
- ▶ 25km - picnic lunch & fizzy drinks

4th Quarter Challenge 25 KM Culver Down to Chale Challenge

Sunday 4 May
10:00am Start

DISTANCE:

25 km & ~500 metres

DETAILS:

- ✓ Start: Culver Down
- ✓ Start times: Sunday 4 May - 10am
- ✓ Finish: Chale Recreation Ground, Chale
- ▶ 15km - snacks & drinks
- ▶ 30km - hot meal

Medina 10 Mile Coves to Coves Challenge

Saturday 3 May
10:30 Start

DISTANCE:

10 miles - and quite flat

DETAILS:

- ✓ Start: Coves Showground
- ✓ Start times: 10.30 am Saturday
- ✓ Finish: Back at the Showground (it's a looped route)
- ▶ 5 miles - snacks & drinks
- ▶ 10 miles - optional 'discounted' finishers meal



Bookable extras

Bookable extras are designed to make the planning for your challenge as easy as possible, providing options for your joining & leaving arrangements. These are summarised below.

Camping Packages

Camping - Friday**Chale, basecamp**

Inclusive Package: 1 Person

Inclusive Package: 2 Person

Pitch Only: 1 Person

Pitch Only: 2 Person

Camping - Friday**Cowes, Half Way**

Inclusive Package: 1 Person

Inclusive Package: 2 Person

Pitch Only: 1 Person

Pitch Only: 2 Person

Camping - Saturday**Chale, basecamp**

Inclusive Package: 1 Person

Inclusive Package: 2 Person

Pitch Only: 1 Person

Pitch Only: 2 Person

Camping - Saturday**Cowes, Half Way**

Inclusive Package: 1 Person

Inclusive Package: 2 Person

Pitch Only: 1 Person

Pitch Only: 2 Person

Camping - Friday & Saturday night**Chale, Startline**

Inclusive Package: 1 Person

Inclusive Package: 2 Person

Pitch Only: 1 Person

Pitch Only: 2 Person

Camping - Friday & Saturday night**Cowes, Half Way**

Inclusive Package: 1 Person

Inclusive Package: 2 Person

Pitch Only: 1 Person

Pitch Only: 2 Person

Parking

Parking for your vehicle is available at :

- ✓ **The Major Start / Finish Venues.** This combined with the 'before & after' bus transfer options will enable you to join & leave the event 'sensibly'.
- ✓ **Supporter Parking Pass** - so friends / family can park at some 'key' venues along the route.



Pre Challenge Transfer

We've a range of shuttle services to take you to your start line, before your challenge. Red Funnel - West Cowes is the closest ferry link to the Chale basecamp (it departs from Southampton).

- ✓ W Cowes (Ferry) > Chale
- ✓ IOW Showground (Cowes) > Chale
- ✓ Chale > IOW Showground (Cowes)
- ✓ Chale > Culver Down

Post Challenge Transfer

We've a range of shuttle services to take you where you need to go after your challenge.

- ✓ Chale > W Cowes (Ferry) via IOW Showground (Cowes)
- ✓ IOW Showground (Cowes) > Chale
- ✓ IOW showground (cowes) > W Cowes (Ferry)
- ✓ Nodewell Farm (The Needles) > Chale
- ✓ Culver Down > Chale

Baggage Transfers

We've a range of services taking your bags forward for access during the challenge - for a change of clothes or shoes, extra layers for the night, or those snacks you can't do without!

Please note the max weight limits - these are strict, and bags will be weighed. Quoted prices are per bag.

Baggage services will be paid in cash/card on the day - and you cannot pre book.

- ✓ Storage at basecamp
- ✓ 100KM: Start > Half Way > Finish
- ✓ 50KM HALF: Start > Finish
- ✓ 25KM Quarter: Start > Finish
- ✓ Kit Bag Drop: **Runners only - Up to 10kg bag for FREE**

Challengers Meal

- ✓ **Friday Night Dinner** - available to book for anyone staying at Chale (basecamp).
- ✓ **Saturday Morning Breakfast** - available to participants beginning their challenge on Saturday morning at Chale (basecamp). Breakfast the following morning is included in the camping package.
- ✓ **Sunday Morning Breakfast** - available to participants beginning their challenge on Sunday morning at the IOW Showground (Cowes). Breakfast the following morning is included in the camping package.

Funding & Cost options

OPTION 1

Self Funding Do It For Yourself

Pay for your place in full. Look forward to a great challenge with no fundraising!

FULL CHALLENGE ~100km

£199 Fee paid online & no fundraising commitment.

3/4 CHALLENGE ~75km

£169 Fee paid online as & no fundraising commitment.

1/2 CHALLENGE ~50km

£139 Fee paid online as & no fundraising commitment.

1/4 CHALLENGE ~25km

£89 Fee paid online & no fundraising commitment.

10 M CHALLENGE ~10 Mile

£39 Fee paid online & no fundraising commitment.

OPTION 2

Full Sponsorship For Charity

Pay a small Reg Fee & Fundraise for a chosen Charity (who pay for your place)

FULL CHALLENGE ~100km

£50 Reg Fee & at least £575 fundraising/sponsorship

3/4 CHALLENGE ~75km

£45 Reg Fee & at least £475 fundraising/sponsorship

1/2 CHALLENGE ~50km

£40 Reg Fee & at least £375 fundraising/sponsorship

1/4 CHALLENGE ~25km

£30 Reg Fee & at least £275 fundraising/sponsorship

10 M CHALLENGE ~10 Mile

£20 Reg Fee & at least £100 fundraising/sponsorship

OPTION 3

Mixed Funding For Charity

Pay for half your place cost & fundraise less for Charity (who pay half of your place cost)

FULL CHALLENGE ~100km

£110 Reg Fee & at least £330 fundraising/sponsorship

3/4 CHALLENGE ~75km

£90 Reg Fee & at least £270 fundraising/sponsorship

1/2 CHALLENGE ~50km

£75 Reg Fee & at least £225 fundraising/sponsorship

1/4 CHALLENGE ~25km

£50 Reg Fee & at least £150 fundraising/sponsorship

10 M CHALLENGE ~10 Mile

£22.50 Reg Fee & at least £70 fundraising/sponsorship

OPTION 4

Own Place Charity Fundraising

Pay for your place & fundraise whatever you can for a Charity (with NO cost to them)

FULL CHALLENGE ~100km

£199 Fee paid online & fundraise whatever you can

3/4 CHALLENGE ~75km

£169 Fee paid online & fundraise whatever you can

1/2 CHALLENGE ~50km

£139 Fee paid online & fundraise whatever you can

1/4 CHALLENGE ~25km

£89 Fee paid online & fundraise whatever you can

10 M CHALLENGE ~10 Mile

£39 Fee paid online & fundraise whatever you can

Fundraising Deadlines At least 50% of the Sponsorship target (for either the Sponsorship for Charity or Mixed Funding option) should be with your Charity by 3 weeks prior to the Challenge. At this time your Charity will pay a Fee for your place to the Organiser (similar to the Self Funding cost). Failure to meet the 50% target may result in cancellation by your charity. The remaining 50% should be with your Charity 4 weeks after the Challenge.